



## PLA200X

### Powerline Lat Attachment for PPR200X



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The Plate Load carriage on this Lat Attachment features 1" diameter weight posts that will accommodate Standard or Olympic Weight Plates. Transform your Power Rack into a multi-workout machine. This Lat Attachment will help you build a wider, beefier Back and/or stronger and bigger Biceps and Triceps. Features nylon coated, aircraft quality (2200 lb. test) cables.

Includes Lat Bar and Low Row Bar. 84"H when attached. Plate Load- no stack necessary.

For #PPR200X Powerline Power Rack only.